

List of Allergens in Tuckshop Menu Term 2 - 2017

Bread (sliced, buns, rolls) – Wheat
Mini Pizza – Wheat (base), Dairy (cheese)
Hot Dogs – Soy Protein (frankfurt), Wheat (bun), Dairy (cheddar dog)
Fried Rice – Egg
Pasta Bolognese – Wheat (pasta and sauce)
Shepherds Pie – Wheat (sauce), Dairy (potato topping)
Nachos – Wheat, Dairy (cheese/sour cream)
Potato & Bacon Bake – Dairy, Egg, Wheat
Teriyaki Sauce – Wheat
Spinach, Pine Nut & Ricotta Roll – Wheat, Pine Nuts, eggs, Dairy
Cruizer Pies – Wheat, soy, milk solids
Sausage Rolls – Wheat, soy, milk products
Crumbed Chicken products (nuggets, tenders, burgers) – Wheat, egg powder, soy protein, milk solids
Cheesy Chicken Balls – Dairy
Rice Paper Rolls Filled – Teriyaki has Wheat
Garlic Bread - Wheat
Banana Bread – Wheat
Pikelets – Wheat, Egg, Dairy
Muffins – Wheat, Egg, Dairy
ANZAC Cookie – Dairy, Oats, Wheat
Gluten Free Cookie – Egg
Dixie Cup – Dairy
Choc Shakey Shake – Milk, Soy, Wheat
Paddle Pop Chocolate – Wheat, Milk, Soy
Paddle Pop Rainbow/Banana – Milk, Wheat, Soy
Smoothies – Milk
Yoghurt (Fresh and Frozen) – Dairy

*Please note that commercially prepared goods including all iceblocks are prepared on the same equipment that may contain traces of nuts.