

## Is your child READY for school?

This is not a checklist, but a guide for families to help determine their child's school-readiness.

### Can they:

- Make a decision?
- Follow two or three instructions at the same time?
- Move on to new activities easily?
- Go to the toilet, eat and dress with minimal assistance?
- Concentrate for short periods?
- Use a variety of things (pens, pencils, markers, paintbrushes, sticks in the dirt) to draw, to scribble or to write?
- Identify things in a group that are different, and differentiate between opposites such as day and night, light and dark, etc.?
- Use scissors to cut along a straight line?
- Recognise and express their feelings and needs?
- Play cooperatively with other children - shares and takes turns?
- Concentrate on a task?

### Do they:

- Recognise their own belongings?
- Stay with a familiar person happily?
- Understand and obey simple instructions?
- Cooperate without frequent temper tantrums?
- Make needs known?
- Have ideas of their own?
- Follow simple instructions?
- Enjoy a variety of indoor and outdoor play?
- Separate well from their parent/guardian/carer?
- Show interest in other children?
- Interact with other children?
- Know how to deal with frustration and communicate this to others?



## How you can help prepare your child and family for the transition to Prep.

Get involved with your school before your child starts school, and encourage your child to be independent by helping them practice:

- Packing and carrying their own school bag;
- Putting on their shoes;
- Eating and drinking without help;
- Going to the toilet on their own;
- Using tissues to blow their nose; and
- Recognising their belongings.

Get your child into a routine which includes:

- Going to bed early;
- Waking up at a certain time - leave plenty of time to get ready;
- Having a healthy breakfast - needed for energy and concentration;
- Preparing and eating lunch; and
- Making time for physical activities.

*Improve their independence!  
Have a daily routine!  
Pack a healthy lunch!  
Know your school!*

Before your child starts school, make sure you talk to them about what to expect. Remember to be flexible, as it may take them some time to understand their new routine and to adjust socially.

- Drive or walk past the school so your child gets used to the number of children, and their movements within the school grounds during school hours;
- Ask the school for an enrolment form this will include the equipment and materials your child needs including a school bag, library bag or hat; and
- Make sure all possessions are labelled with your child's name.

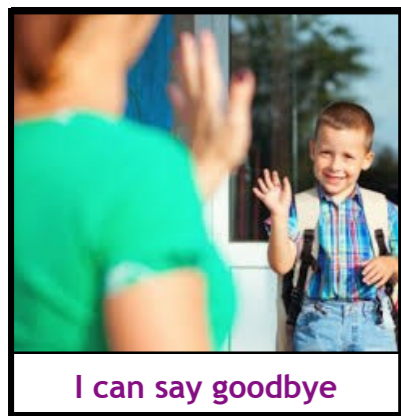


**KNOW YOUR SCHOOL**

### More Information

- Visit [www.deta.qld.gov.au/earlychildhood/about/successful-transitions](http://www.deta.qld.gov.au/earlychildhood/about/successful-transitions)
- Contact the Community Partnerships Team, ECEC North Queensland on (07) 4758 3308 or (07) 4758 3387





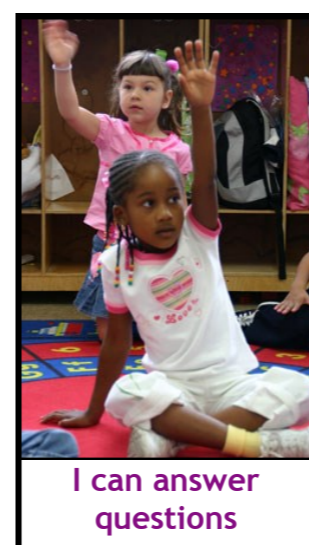
I can say goodbye



I can use scissors



I can ask for help



I can answer questions



I can share



I know some numbers



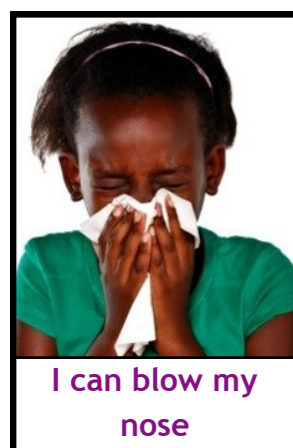
I know some colours



I can go to the toilet by myself



I can wash my hands

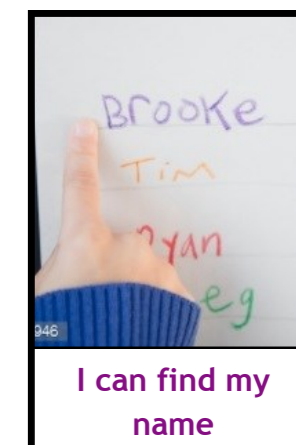


I can blow my nose

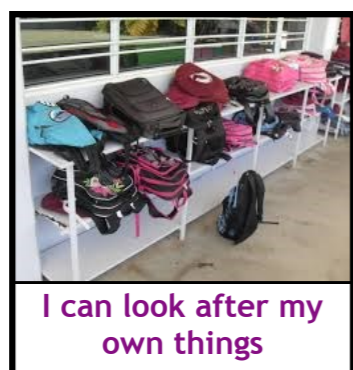


# We are Ready for School!!!

I can play with others and make friends



I can find my name



I can look after my own things



I can listen and talk



I can understand and follow directions



I enjoy stories

I can put my shoes and socks on



I can eat my lunch without help



I can sit at group time



I like to draw